

***Welcome**

We're glad you're here. Women newcomers who think they might have a problem with lust are welcome to any SA meeting that is not specifically marked on a meeting list as "men only". In addition to coming back to this meeting, you will probably also want to find a way to connect with other women in SA recovery. Women in SA make phone calls to each other for support outside of meetings, ask other women to be their sponsors, and make plans to attend co-ed meetings together. Because there are currently more men in SA recovery than women, we know it can be a challenge to reach out if there aren't other women at your first meeting. Please know that there are sober women in SA and here are a few tips for making a connection with them:

***Local women-only SA meetings**

The closest face-to-face women's meeting is in Ann Arbor on Thursdays from 7:30-8:30 pm. The location is the Alano Club, and you can find directions on the SA meeting list. There is also a co-ed meeting at the same time and location. If you would like to speak to one of the women who attend the women's meeting, call the local SA hotline at 586-997-7518 and ask for a woman to call you back about the Ann Arbor women's meeting.

***Women-only SA phone meetings**

There is a telephone meeting for women in SA every Saturday night from 8-9 pm. To get directions for how to attend that phone meeting, please call 888-802-5376. A woman in SA will call you back, tell you a bit about what to expect at the meeting, and give you the number and code to call to attend. If you don't get a call back in a few days please call again and someone will get back to you.

***Co-ed morning "sobriety renewal" calls**

These daily calls are often attended by SA's from all over the world, and there are usually a few women present in addition to men in SA. The 6:30 am and 7:30 am calls are open to women (please note the 8:30 call is men-only). The phone numbers change occasionally, to find the updated list of numbers go to www.denversa.org

***Contact SAICO**

The SA International Central Office can be reached at saico@sa.org or (615) 370-6062; contact them and ask for the women's phone list. SAICO maintains a list of women in SA who have volunteered to take calls from women newcomers and may be available as sponsors.

***Attend the SA international conventions**

These are held every 6 months in January and June. Conventions are announced at www.sa.org and are always attended by women in SA from around the world. Many women find sponsors at the conventions, meet other women in recovery, and share their stories and phone numbers there with other women.

***Buy SA literature**

Literature is available for sale at face to face meetings or at www.sa.org. Some literature that specifically includes stories from women include the series "Step Into Action"; the quarterly publication Essay, and specifically the Essay from June 2007 which focused on women in SA. The fellowship is in the process at this writing of preparing a brochure specifically for women in SA, watch for it at www.sa.org.

***Keep coming back to this meeting**

Even though you may have been the only woman here tonight, you are not the only woman with the disease of sex addiction. Women and men alike have found recovery in SA. Many members have been helped by the suggestion to try six SA meetings before deciding if the program is right for you or not. Keep coming back, SA works if you work it and you are welcome here.